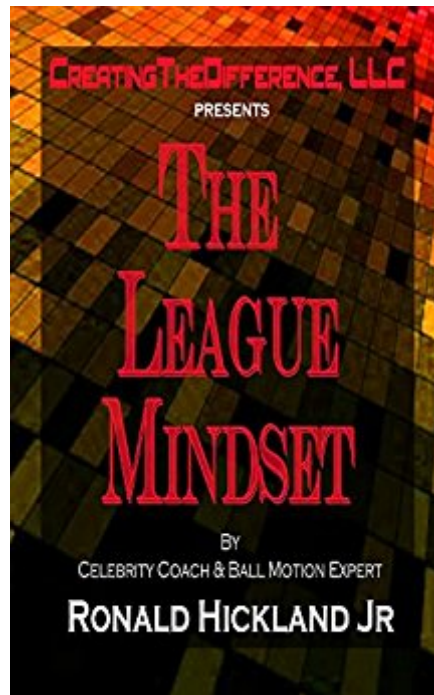




The book was found

The League Mindset (Creating The Difference In Bowling Book 2)



Synopsis

In the Tournament Mindset, we talked about how important it is to have the tools needed to bowl your best. In this book, we will take a look at what is important in traditional league bowling. As a collegiate team captain and a certified bowling coach who has bowled on countless league championship teams over the past 27 years, I can affirm that league bowling is just as much mental preparation as it is physical execution. I will give you some tools and strategies to help you and your team perform to the best of your ability. Thank you so much for supporting bowling and Creating The Difference.

Book Information

File Size: 751 KB

Print Length: 19 pages

Simultaneous Device Usage: Unlimited

Publication Date: October 6, 2015

Sold by:Â Digital Services LLC

Language: English

ASIN: B0169H9CWO

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #1,081,392 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #35

inÂ Kindle Store > Kindle eBooks > Nonfiction > Sports > Individual Sports > Bowling #87

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